

# **Non-Violent Communication™** **A Weekend Workshop** *based on the work of Marshall Rosenberg*

**SAT. 3/10, 12:30-6:30 & SUN. 3/11, 9-5**

**Discover a life-transforming communication practice** grounded in universal values that builds trust, transforms conflict, supports deep and authentic relationships and helps groups and organizations to thrive.

***This in-depth experiential workshop will help you to:***

- Express yourself with clarity and ease
- Understand others clearly, deeply, and compassionately
- Decrease anger and defensiveness
- Handle conflict successfully
- Create outcomes that consider and respond to all needs
- Create harmonious relationships
- Create a sustainable future
- Undergo personal transformation

***Presented by Albert Schinazi, Pres. Integrative Solutions***



**Where:** Inner Peace Yoga Center  
5038 E 56th St., Indpls, IN 46226

**Registration:** Please call by Thurs. 3/8 to register

**Cost:** \$225  
317-257-9642 [www.ipyc.org](http://www.ipyc.org)

